



OPIUM

SPA



OPIUM SPA

BY

Sodashi

OPIUM SPA BY SODASHI

INTRODUCTION

Welcome to the Opium Spa, a sanctuary of wellness in the heart of Bangkok. Inspired by natural beauty, the Opium Spa links the discovery of one of the world's most fascinating cultural environments to the health and wellbeing of our guests.

We bring you exclusive Sodashi therapies and spa products that not only regenerate the skin, but also impart a profound sense of wellbeing to spirit and mind. Unparalleled in performance and purity, Sodashi employs only the finest ethically-sourced essential oils and plant actives to visibly heal and nurture.

Choose from facial, body and massage therapies or indulge in a tailored multi-day spa package to suit your individual needs. Unwind in our sumptuous Hammam-inspired Bath House with dry and steam saunas, steam showers and Jacuzzis.

Set in opulent surrounds and intimately private, the Opium Spa provides a haven for renewal and inspiration for lifestyle change.

Enjoy the journey as well as the destination.



OPIUM SPA BY SODASHI

PHILOSOPHY

"Follow your bliss." Joseph Campbell We believe in bliss, utter joy and contentment. We believe in using nature's beauty and intelligence to awaken your bliss, in turn nurturing your mind, body and spirit. To this end we have created an opulent sanctuary for wellness on the River of Kings. Serene in natural beauty and intimately private, the Opium Spa provides a haven for renewal and inspiration for lifestyle change. We have chosen to partner with Sodashi to bring you an exclusive range of spa therapies unparalleled in purity and performance. Drawing on natural resources from the earth and sea, Sodashi products dramatically regenerate the skin and infuse a deep sense of wellbeing to spirit and mind. A Sanskrit word, Sodashi translates to 'wholeness, purity, radiance', words which perfectly describe the values by which all of its chemical-free skin care products are created - without compromise.

Whether for a few hours or a few days, follow your bliss to the Opium Spa to restore your wellness.



SODASHI PRODUCTS

Sodashi products are 100% chemical free, luxurious and effective. In Sanskrit, Sodashi translates to "wholeness, purity and radiance" and these words perfectly describe Sodashi products and unique spa treatments.

Formulated in Australia, Sodashi's skin and body care products and spa therapies use only natural sources from the earth and sea, including pure plant extracts and essential oils of the finest, therapeutic grade.



FACE THERAPY

Our aromatic facial treatments are deeply relaxing and restore radiance. All facials are complemented with a specialised Sodashi facial massage technique and products are selected for your unique skin type.

SAMADARA ULTIMATE AGE-DEFYING FACIAL

105 minutes

The Samadara™ Ultimate Age-Defying Facial uses a sequence of timeless, anti-aging techniques rooted in Ayurvedic healing traditions that are designed to reawaken the skin's natural healing energies. Turn back the hands of time and transform your skin with this intensely hydrating and nourishing treatment to increase firmness and elasticity, diminish the appearance of fine lines and restore a youthful glow. A Rose Quartz Crystal facial massage enables the powerful Samadara™ Ultimate Age-Defying Crème to penetrate deeply into the skin for maximum benefit.

THERMAL INFUSING FACIAL

90 minutes

This is an intensive boost of all nature's vitamins and minerals. Sodashi's exclusive warm Infusing Mask will maximise penetration of these essential vitamins and minerals into the deeper layers of the skin. This ultimate facial indulgence is tailored to your skin's needs to purify and deeply cleanse, or nourish, to leave your skin hydrated and toned. Restoring forgotten elasticity and radiance, this is more than just a facial; it's Nature's Face Lift.

PURE RADIANCE FACIAL

60 minutes

We will take your skin on a journey of total renewal. You can deeply relax as you enjoy Sodashi's aromatic warm facial compresses that soften and exfoliate, and a nurturing face mask, rich in herbal extracts to purify and hydrate the skin. This facial experience is tailored to your skin's needs and is enhanced with the Sodashi Facial Massage. The luxurious Sodashi Plant Essence Synergies will leave your skin revitalised and fresh.

MANKIND FACIAL

60 minutes

Begin with a relaxing Sodashi Himalayan salt therapy back massage that will ease stress and reduce tension in the mind and body. Continue with a deep cleansing and exfoliating facial that balances the skin's natural oils and assists in preventing ingrown hairs. Sodashi's soothing mists with woody aromas will de-sensitise your skin, and a relaxing facial massage will tone and firm the muscles leaving you looking fresh and revitalised.



BODY THERAPY

Our body therapies are designed to leave you feeling and looking restored and vibrant.

CONTOURING MARINE BODY WRAP

90 minutes

Beginning with an invigorating exfoliation that combines Himalayan salt and green tea, your treatment then continues with a comforting body wrap of Sodashi's warm body mask. This mask is rich in carefully selected marine extracts, plant essences and algae used exclusively by Sodashi to stimulate the Lymphatic system and assist in the removal of accumulated toxins which are a common cause of cellulite. After a refreshing shower Sodashi's specialised contouring gel and cream are applied to your body, leaving your skin feeling and looking toned and lustrous.

PURIFYING BODY BOOST

90 minutes

This truly purifying treatment begins with an invigorating body exfoliation using Sodashi Body Balance Salt Therapy that softens the skin and stimulates circulation. Sodashi's 100% natural purifying and detoxifying mask is then applied to the whole body. With intensive drawing properties, this mask stimulates the circulatory system, relieving the body of any sluggishness and congestion, and helps to remove unwanted toxins. The purification process is enhanced by an application of an enlivening Sodashi body moisturiser.

REFINING BODY TONER

60 minutes

This treatment begins with jojoba body polish to exfoliate and cleanse the whole body. A nurturing full body mask is applied and you will be cocooned in a comforting body wrap, whilst enjoying a scalp massage for total relaxation. Sodashi's Rich in French Pink Clay and herbal extracts, Refining Body Mask firms, tones and conditions the skin. This rejuvenating therapy is extremely beneficial in the treatment of renewing scar tissue and stretch marks. This treatment is safe and effective before, during and after pregnancy.

GREEN TEA SALT CLEANSE

60 minutes

The combination of Sodashi's organic green tea and Himalayan salt deeply cleanses and exfoliates your skin all over. Rich in anti-oxidants and vitamins C and E, this blend infuses restoring and healing properties to the underlying muscles assisting fitness recovery or just repairing the everyday effects of wear and tear. As a finishing touch, the application of a richly scented Sodashi moisturiser will leave your skin vibrant and replenished.

JOJOBA BODY POLISH

60 minutes

This gentle all over body exfoliation uses jojoba beads, rich in the aromas of Sodashi Plant Essence Synergy. This treatment removes dead skin cells, whilst oxygenating the skin and is suitable for the most sensitive skin types. As a final touch, the skin is nourished and hydrated with a Sodashi aromatic body treatment, leaving your skin feeling silky smooth and refreshed. This treatment is safe and effective before, during and after pregnancy.



MASSAGE THERAPY

Indulge in the healing power of touch with our selection of holistic massages designed to melt away stress and tension.

AROMA JOURNEY MASSAGE

60 or 90 minutes

Combining the healing power of touch with Sodashi's unique techniques, this deeply relaxing massage uses smooth stroking movements with light to medium pressures to encourage an increase in lymphatic circulation and balance the energy meridians in the body. The synergy of Sodashi's natural plant oils and aromatic plant essences will nourish your skin and help to relieve emotional and physical tension.

MUAY THAI MASSAGE

60 or 90 minutes

This stronger massage uses slow strokes and firm pressure to ease built up stress and muscle tension, assisting the release of blockages, knots and toxins from the body. Perfect for fitness recovery or deep seated tension, this treatment will realign and relax your muscles by offering improved movement and circulation.

SWEDISH MASSAGE

60 or 90 minutes

This classic massage technique is perfect for relaxation and restoring a sense of calm. Swedish massage is a flowing and relaxing technique that incorporates five classical movements to help soothe the nervous system, release knots and reduce muscle tension.

THAI HERBAL COMPRESS MASSAGE

90 minutes

This traditional Thai massage is performed with hot compresses of healing aromatic herbs and spices. The therapist uses specialised movements to massage the body improving circulation and soothing muscular aches and pains. This experience will leave you feeling completely rejuvenated and restored.

TRADITIONAL THAI MASSAGE

60 or 90 minutes

This ancient tradition has been handed down by healing masters throughout the ages. Thai massage involves a blend of gentle rocking, deep stretching techniques and breathing. The therapist massages pressure points with long strokes using hands, elbows and feet to stimulate the flow of energy through meridians and release tension from the body. You will emerge with a greater sense of wellbeing and increased flexibility. Loose-fitting clothing is supplied for this massage.

CHAKRA BALANCING TREATMENT

90 minutes

Deeply meditative, this experience brings the body's seven main Chakras into alignment through a fluid combination of massage, specific essential oil blends and healing crystals. Working subtly on the energetic body with profound effects, this truly unique experience leaves you feeling calm and in a state of harmony, resulting in an increase in overall wellbeing.

PURIFYING MASSAGE OIL

Helps flush out accumulated toxins. Relieves water retention, boosts circulation and purifies the body, helping to combat cellulite.

SERENITY MASSAGE OIL

Instils a feeling of peace and tranquillity. Alleviates tension caused by stress and external pressures, whilst bringing about inner calm.

Select from the following Sodashi Massage Oils to complement your massage.

FITNESS MASSAGE OIL

A blend of warming plant essences that gently release tension from aching muscles and joints. Perfect after physical exercise.

VITAMIN RICH MASSAGE OIL

Gentle and unscented, this nourishing oil blend is suitable during pregnancy and for very sensitive skin.





SPA TREATMENT ADDITIONS

These treatment additions have been designed to complement and enhance your spa therapy selection. Our knowledgeable team can advise you on the ideal treatment combinations.

EYE LIFT & REVIVE

15 minutes

A great addition to any body treatment, this is a quick and effective way to reduce puffiness and dark circles or soothe irritation or tension. Following gentle cleansing of the eye area, specialized massage movements and a skin firming eye mask leave the eye area looking and feeling lifted and toned.

SCALP TREATMENT

15 minutes

This treatment begins with Sodashi's soothing warm and aromatic foot compresses to relax and refresh aching feet. A luxurious and moisture rich Sodashi Scalp Mud is then massaged over the scalp to release pressure and tension. This mask treatment is left to deeply nourish the scalp and leave the hair feeling silky and looking shiny.

MINT FOOT THERAPY

30 minutes

Soothe and revitalise tired, sore feet with Sodashi's invigorating Himalayan salt polish to refresh the skin and stimulate circulation. Sodashi's Mint Foot Cream with the oils of arnica, lavender and peppermint, is massaged into your feet and lower legs to provide total relaxation.

GENTLE TOUCH HAND THERAPY

30 minutes

A well deserved treatment for your hard working hands. This nurturing treatment starts with warm aromatic compresses and is followed with Sodashi jojoba bead exfoliation. A soothing massage will leave your hands feeling silky, smooth and soft. Sodashi's blend of alluring fragrances such as lavender, geranium and lemon make this a wonderful experience.

THAI HERBAL COMPRESS BACK THERAPY

30 minutes

This traditional Thai compress back therapy is a great addition to massage or body treatments. Hot compresses of healing aromatic herbs and spices are massaged into the back using specialized movements to improve circulation, warm the muscles and soothe aches and pains.



SPA THERAPY JOURNEYS

Pure indulgence and luxury, these individualised packages combine three or more Sodashi treatments to take you on a journey of absolute bliss.



JET LAG RECOVERY

2.5 hours

This balancing treatment for the face and body will boost and re-energise your whole system after travel. As you experience a full body exfoliation drawing upon the essential ingredients of Himalayan salt, geranium and sweet orange feel your jet-lag and fatigue melt away. Next, relax and enjoy an aromatic full body massage and your revival is complete with a refreshing facial. • Exfoliation using Body Balance Salt Therapy Exfoliant • Aroma Journey Massage • Stop and Relax Facial

BANGKOK REJUVENATION

2.5 hours

Renew your mind, body and soul with this rejuvenating spa experience in our city haven. Emerge from the steam room ready for an all over body polish that gently glides over your skin to oxygenate and hydrate. After the application of exotic clay blended with herbal tonics, a moisture rich mud is massaged all over your scalp to instill total relaxation while you rest. Finally feel completely restored with a refreshing facial to enhance natural radiance and give you an even, balanced complexion. • Steam • Jojoba Bead Body Polish • Refining Body Mask • Scalp Mud Treatment • Pure Radiance Facial

MUAY THAI RECOVERY

3 hours

This recovery package has been designed to alleviate tension in the muscles and joints following physical exercise. After some time to unwind in the steam, this treatment begins with an all over body exfoliation using Sodashi's organic green tea and Himalayan salt. Rich in antioxidants and vitamins C and E, this blend infuses soothing, relaxing and repairing properties to the underlying muscles. Following this a purifying mask is applied to the whole body this mask stimulates the circulatory system, relieving the body of lactic acid build up and restoring energy. Finally a massage using warming ginger and stimulating eucalyptus melts away tension, leaving you ready for action. • Steam • Green Tea Salt Cleanse • Purifying Body Mask • Muay Thai Massage with Sodashi Fitness Recovery Oil

CLEANSE

3 hours

This spa package will help you achieve a feeling of absolute purity. Begin your day experiencing a full body exfoliation that draws upon the essential ingredients of Green Tea & Himalayan salt. After some time unwinding in the steam room, you shower and emerge ready to be enveloped in a warm purifying mask designed to entice impurities from your body. The lymphatic system will be stimulated further using the essential essences of juniper berry, grapefruit and cypress, during a full body massage.

- Green Tea Salt Cleanse
- Steam
- Purifying Body Mask
- Scalp Massage
- Tension Relief Massage with Sodashi Purifying Massage Oil

SERENITY AT THE SIAM

4 hours

If you desire tranquility and deep relaxation, this is the spa retreat for you! Drift away as Himalayan salt and plant essences of sweet orange and geranium are massaged over your entire body leaving your skin soft and supple. After some time to unwind in the steam, you will shower and emerge ready for a full body massage with Sodashi's Serenity blend, sending you to a place of absolute bliss and contentment. Continue your journey cocooned in an intensely moisturising and fragrant French clay body mask. For total relaxation your scalp is massaged with a rich scalp mud, and to complete your indulgence allow your senses to be overcome with a Sodashi Thermal Infusing facial treatment. • Body Balance Salt Therapy Exfoliant • Steam • Aroma Journey Massage with Sodashi Serenity Oil • Refining Body Mask • Scalp Mud Treatment • Thermal Infusing Facial



MULTIDAY SPA THERAPY PROGRAMS

(3-7days) Our Multi-daySpa Therapy Programs are designed to address specific lifestyle needs. Our experienced team can guide you on tailoring a package to suit your individual needs. During Multi-day Spa Therapy Programs, we recommend avoiding alcohol and healthy cuisine choices to achieve optimum results.

REJUVENATE

This supreme rejuvenating spa package is designed to deeply nourish and soften dry, stressed or tired skin. It focuses on bringing new life to ageing skin by firming and toning, as well as reducing fine lines and wrinkles.

Day One	Samadara Ultimate Age-Defying Facial	105 minutes
Day Two	Aroma Journey Massage with Sodashi Serenity Oil	60 minutes
Day Three	Refining Body Toner and Thermal Infusing Facial	120 minutes

CONTOUR This body contouring package is designed to break down accumulated toxins and aid the treatment of cellulite and fluid retention. Seaweed and kelp will reactivate microcirculation and support a healthy metabolism while lemongrass restores a firm and toned silhouette.

Day One	Green Tea Salt Cleanse	60 minutes
Day Two	Dry Body Brushing and Sodashi Detoxifying Body Mask	60 minutes
Day Three	Dry Body Brushing and Tension Relief Massage with Sodashi Purifying Massage Oil	75 minutes 60 minutes
Day Four	Refining Body Toner	90 minutes
Day Five	Contouring Marine Mineral Body Wrap	

WELLBEING

This wellbeing package is designed to alleviate the stresses of our busy and demanding lifestyles. Tailored to help you unwind and focus on yourself bringing peace and harmony to the mind and emotions.

Day One	Chakra Balancing Treatment	90 minutes
Day Two	Soul to Sole	60 minutes
Day Three	Aroma Journey Massage with Sodashi Serenity Oil	60 minutes
Day Four	Thermal Infusing Facial	90 minutes
Day Five	Thai Compress Massage	60 minutes

MUAY THAI THERAPY This recovery package has been designed to melt away tension in the muscles and joints following physical exercise. Soothe, relax and repair sore and tired muscles, while relieving the body of lactic acid build up and thereby restoring energy. Fitness Therapy can be combined with your tailored fitness program at The Siam.

Day One	Muay Thai Massage with Sodashi Fitness Recovery Oil	60 minutes
Day Two	Soothing Mint Foot Therapy	30 minutes
Day Three	Traditional Thai Massage	60 minutes
Day Four	Dry Body Brushing and Muay Thai Massage with Fitness Recovery Oil	75 minutes
Day Five	Green Tea Salt Cleanse	60 minutes
Day Six	Purifying Body Mask and Muay Thai Massage with Fitness Recovery Oil	90 minutes
Day Seven	Thai Herbal Compress Massage	90 minutes



DETOXIFY

This detoxification package is designed to assist you to a state of purity. It will gently stimulate the body to release the build up of toxins and waste from environmental and lifestyle pollutants, helping to restore your overall health and wellbeing. It is important to keep the body hydrated and rested through this process and to avoid alcohol.

Day One	Green Tea Salt Cleanse	60 minutes
Day Two	Purifying Body Boost	90 minutes
Day Three	Muay Thai Massage with Purifying Massage Oil and Deep Cleansing Facial	120 minutes
Day Four	Green Tea Salt Cleanse and Purifying Body Wrap	90 minutes
Day Five	Deep Cleansing Facial	60 minutes
Day Six	Dry Body Brushing and Aroma Journey Massage with Purifying Massage Oil	75 minutes
Day Seven	Green Tea Salt Cleanse and Purifying Body Wrap	90 minutes





SALON MENU

Relax your mind and body with luxurious hair treatments

and nurturing hand and foot therapies. All salon treatments begin with our calming aromatic ritual.

SPA MANICURE

60 minutes

This nurturing hand therapy begins with warm aromatic compresses followed by an exfoliation with jojoba beads rich in plant essences of bergamot and ylang ylang. Then a rejuvenating hand mask and relaxing massage leave your hands feeling silky, smooth and soft. This treatment includes a full manicure.

SPA PEDICURE

60 minutes

Revitalise tired, sore feet with our soothing foot therapy. We begin with an aromatic foot soak followed by an invigorating Himalayan salt exfoliation to refresh the skin and stimulate circulation. Then a nourishing foot mask and soothing massage with Sodashi's Mint Foot Cream sends you into total relaxation. This treatment includes a full pedicure.

HAIR AND SCALP INDULGENCE

60 minutes

This blissful treatment leaves your hair feeling silky and smooth. After a cleansing shampoo, delight as a warm moisture rich mud is applied over your hair and scalp then massaged in to release stress and tension. We then wrap the head in a hot compress to encourage the nutrients and plant oils to deeply penetrate the hair and scalp. While your hair mask is resting, relax as we massage your arms with a nourishing lemon scented hand cream. Your indulgence is complete with a shampoo, condition and blow dry.

SOUL TO SOLE

60 minutes

We begin this collection of Sodashi therapies with an aromatic steaming head wrap and the application of an enriching scalp mask. The mask is massaged into the scalp to relieve tension and provide essential nutrients, leaving your hair soft and shiny. Then, warm compresses and luxurious jojoba beads exfoliate your hands, before a rich cream is massaged deeply into the skin to nourish and soften. To finish, we provide total relief for aching feet and legs with Sodashi's soothing foot cream using the oils of mint and arnica to increase circulation and reduce swelling.

HAIR CUT AND STYLING

We offer shampoo, blow dry, hair cutting and styling for men, ladies and children. 24 hour advance notice is essential.

WAXING The finest organic waxes are used to remove unwanted hair, followed with post treatment to leave your skin soft, fresh and smooth. Treatments available include lip area, under arm, half and full leg, back, bikini area.



KIDS' & TEEN MENU

Designed for kids and teens, these mini
treats help relax and unwind.

TEEN CLEAN FACIAL

45 minutes

Uniquely designed for teenage skin, the deep cleansing properties of Argiletz Clay, rich in minerals combined with plant essences, deeply cleanse congestion or imbalance. This facial assists in refining the pores and leaves the skin feeling purely refreshed, clear and balanced.

MINI MANI

30 minutes

A well deserved treatment for busy little hands. This nurturing treatment starts with warm aromatic compresses and is followed with a gentle jojoba bead exfoliation. A soothing massage with our lovely lemon scented hand cream will leave your hands feeling soft and smooth. To finish this wonderful experience we file the nails and paint with a polish of your choice.

TIPPY TOES

30 minutes

This mini pedicure includes a warm lime foot soak, a gentle jojoba bead exfoliation and a massage with Sodashi's minty foot treatment to moisturise and indulge little feet. To finish the experience we file and paint your tippy toes.

BE CALM MASSAGE

30 minutes

This nurturing and gentle back massage will induce complete calmness. Vitamin rich oils provide nutrients and nourish the skin while tired muscles are warmed and relaxed.

MUAY THAI FOR KIDS AND TEENS (7 – 15 YEARS OLD) Muay Thai is not only a fighting sport meant for adults, it can also be a fun sport for young ones. The Siam Muay Thai gymnasium offers half day and one day programs for our junior guests to explore this traditional sport with enjoyment. The programs are designed to be fun and safe, including basic Muay Thai movements, Wai Khru or Muay Thai dance, highlighted with an excursion to watch a local Muay Thai fight in action.



WELLNESS / BODY MIND & SOUL

The Siam offers various complimentary sessions and workshops, please refer to weekly calendars.

Private sessions customized to your individual needs are also available.

YOGA

60 minutes

Yoga is a series of gradual and systematic movements into poses promoting the wellbeing of both body and mind. Postures are introduced to suit to your physical structure. Ideal for those who wish to learn how to counteract the stresses of daily life.

TAI CHI

60 minutes

A Chinese healing art emphasizing slow, flowing movements that allow the mind to focus on physical postures, promoting and harmonizing 'Chi' energy flow in the body. Ideal for achieving body and mind connection.

PERSONAL FITNESS TRAINING Our experienced fitness staff will provide you expertise and motivation to assist you in achieving your personal health and fitness goals, whether to: increase cardiovascular fitness; build advanced strength; encourage flexibility; promote healthy muscle mass; achieve optimum weight levels or a combination of any and all of these.

MUAY THAI TRAINING "Muay" is a traditional Thai sport. The word 'Muay' derived from Sanskrit means 'to bind together'. It is referred to as the Art of 8 Limbs because of its use of punches, kicks, elbows and knee strikes. Muay Thai is not simply a fighting sport, it also helps to increase your fitness and emotional condition. The Siam gymnasium is the first professionally equipped, luxury Muay Thai gym in Bangkok. We offer a variety of training programs from beginners to advanced and one day to one week training. Programs take place between 07:00-20:00 and include an excursion to a local Muay Thai training center and Muay Thai fight. Our Executive Chef will ensure you follow the right diet during your training. You will also experience spa treatments to ease any muscle tension. Our experienced Muay Thai trainers will work with you individually based upon your abilities and fitness levels. Program details are available upon request.

ENHANCING YOUR SPA EXPERIENCE

SPA ARRIVAL Please arrive 15 minutes prior to your spa appointment to allow us to welcome you and pre- pare you for your spa journey. If you plan to enjoy our opulent Bath House facilities before your treatment, we recommend that you arrive at least 45 minutes before your first service. Please understand that late arrivals may result in a reduced treatment time. **SPA RESERVATIONS** To make a spa reservation please see our Spa reception team who will be happy to advise you on the perfect treatment choice. To help secure your preferred time and services at the Opium Spa, we recommend advance bookings. A minimum age of 16 is required for entry into the spa facilities. **SPA ETIQUETTE** The Opium Spa environment is one of relaxation and tranquility. Please ensure your mobile phone is turned off and understand the spa is a smoke free environment. **MEDICAL CONDITIONS** When making a reservation, please advise us of any health conditions, allergies or injuries that might affect your spa experience, so we can ensure your optimum comfort. **PREGNANCY** We have tailored spa services that are particularly suitable for mums-to-be and nursing moth- ers. The Spa reception team would be delighted to help and guide you in selecting the most suitable treatments for you during this special time. **BATH HOUSE** The Bathhouse area consists of separate ladies' and gents' changing rooms which each fea- ture their own steam and sauna however, the Bath House is unisex so please bring your swim- wear. **CANCELLATION POLICY** A 100% charge will apply for treatments cancelled or re-scheduled without a 24 hour notice period. In case of a missed appointment with no advance notice, a full 100% charge also applies.

VALUABLES Please refrain from bringing valuables in to the spa. Whilst lockers are provided for your convenience, we ask that you leave valuables in your guest room safe or at home. **GIFT CERTIFICATES** Indulge those you love with an Opium Spa gift certificate, available for all treat- ments, products and packages. Vouch- ers are valid for 12 months from purchase and can be couriered, express posted, emailed or made ready for pick-up at the spa. **SPA BOUTIQUE** Browse the Spa Boutique for a selection of beautiful wellness and lifestyle prod- ucts including Sodashi skin care, calming CDs, candles, therapeutic essences and herbal teas. **GROUP BOOKINGS** We offer customised programs to suit all occasions and we welcome group bookings.



OPIUM SPA PRICE LIST

FACE THERAPY

Samadara Ultimate Age-Defying Facial
105 minutes 8,500 Baht

Thermal Infusing Facial
90 minutes 5,500 Baht

Pure Radiance Facial
60 minutes 4,200 Baht

Mankind Facial
60 minutes 4,500 Baht

BODY THERAPY

Purifying Body Boost
90 minutes 5,900 Baht

Refining Body Toner
60 minutes 4,800 Baht

Balance Salt Exfoliant
30 minutes 2,800 Baht
60 minutes 3,800 Baht

Jjoba Body Polish
30 minutes 2,800 Baht
60 minutes 3,800 Baht

MASSAGE THERAPY

Aroma Journey Massage
60 minutes 4,000 Baht
90 minutes 5,200 Baht

Muay Thai Massage
60 minutes 4,000 Baht
90 minutes 5,200 Baht

Swedish Massage
60 minutes 4,000 Baht
90 minutes 5,200 Baht

Traditional Thai Massage
60 minutes 4,000 Baht
90 minutes 5,200 Baht

Thai Herbal Compress Massage
60 minutes 4,200 Baht
90 minutes 5,400 Baht

Massage Therapy
120 minutes 6,200 Baht

Chakra Balancing
90 minutes 6,500 Baht

SPA TREATMENT ADDITIONS

Eye Lift & Revive
15 minutes 1,800 Baht

Scalp Treatment
15 minutes 1,800 Baht

Mint Foot Therapy
30 minutes 2,800 Baht

Gentle Touch Hand Therapy
30 minutes 2,800 Baht

Thai Herbal Compress Back Therapy
30 minutes 2,800 Baht

SPA THERAPY JOURNEYS

Jet Lag Recover
2.5 hours 8,500 Baht

Bangkok Rejuvenation
2.5 hours 8,500 Baht

Muay Thai Recovery
3 hours 9,500 Baht

Cleanse
3 hours 9,500 Baht

Serenity at The Siam
4 hours 12,800 Baht

WAXING SERVICE 800-2,200 Baht

MULTI SPA THERAPY PROGRAMS (3-7 days)

Rejuvenate
3 days 15,000 Baht

Wellbeing
5 days 18,500 Baht

Muay Thai Therapy
7 days 22,500 Baht

Detoxify
7 days 29,000 Baht

SALON

Spa Manicure
60 minutes 2,500 Baht

Spa Pedicure
60 minutes 2,500 Baht

Hair and Scalp Indulgence
60 minutes 3,500 Baht

Soul to Sole
60 minutes 4,000 Baht

HAIRCUT & STYLING

Men's Haircut 2,800 Baht

Ladies's Haircut 2,800 Baht

Children's Haircut
(5-10 years old) 2,500 Baht

Shampoo & Blow Dry 1,900 Baht

KIDS' AND TEENS'

Mini Facial
30 minutes 2,800 Baht

Teen Clean Facial
45 minutes 3,500 Baht

Mini Mani
30 minutes 1,500 Baht

Tippy Toes
30 minutes 1,500 Baht

Be Calm Massage
30 minutes 2,500 Baht

WELLNESS | BODY, MIND AND SOUL

Yoga
60 minutes Single 4,000 Baht
Duo 6,800 Baht

Meditation
60 minutes Single 5,000 Baht
Duo 8,500 Baht

Reiki/ Chakra Healing
60 minutes 5,000 Baht

Ayurveda Consultation
30 minutes 2,000 Baht

Ayurveda Treatment - Abhyanga/ Kizhi/ Marma
60 minutes 6,900 Baht

Shirodhara Treatment
1 session 7,900 Baht

Person Fitness Training
60 minutes 2,500 Baht

Muay Thai Class
60 minutes Single 3,300 Baht
Duo 5,500 Baht

